

SOUTH DEVON RIDING CLUB

HEALTH & SAFETY POLICY

South Devon Riding Club would like to make it clear that, while:

- horse riding is a risk sport, and
- competitors and members participate entirely at their own risk,

the Club has undertaken certain Risk Assessments in order to anticipate the potential hazards to competitors or members while they are undertaking clinics, competing in events or taking part in Riding Club activities generally. Reasonable measures have therefore been put in place in order to address these risks and reduce them, as much as is possible, given the nature of the sport.

The Club also asks that competitors and members take reasonable precautions when attending events, clinics or other Club activities, in order to ensure their own safety and the safety of others around them.

- Competitors and Members have as much a Duty of Care to their fellow competitors and/or members, as the Club has towards them.
- Everyone concerned must conduct themselves in a manner that does not put themselves or anyone else at risk.
- Potential and actual health and safety hazards, risks, accidents and incidents should be reported without delay to a Club Officer or Steward.

ALSO:

- It is recommended by the organisers that all competitors have adequate insurance cover.
- Club rules require hard hats of the approved standard to be worn when mounted.
- Body protectors are recommended for show jumping and are compulsory for all cross country activities, including clinics.
- Please obey Club Officers and Stewards — they are there to help ensure your health and safety.
- No vehicle is to be driven faster than walking pace, at any event.
- You must not leave tethered horses unsupervised—you must not tether a horse to a fence, gate or wall.
- You must not lunge a horse in the parking area.
- Horses must be ridden or led at walk outside the rings and designated practice areas and must not be allowed to enter any designated spectator areas.
- Riders must observe reasonable rules of etiquette when using warm up areas, i.e. do not overcrowd the area and ensure that horses and riders **PASS LEFT TO LEFT** at all times.
- Riders and handlers must ensure that gateways and paths are not obstructed.
- It is recommended that children (under 18) be supervised by an adult at all times.
- Dogs must be kept on a leash at all times.
- **MEDICAL COVER:**
 - The provision on site of First Aid equipment, trained first aiders and qualified medical personnel will be appropriate to the site, type of event and foreseeable risk.
 - Emergency services will have access to all parts of an event site at all times.
 - First Aid sites will be clearly identified.
 - Stewards will be identifiable by tabards and will be carrying mobile phones in order to have adequate contact with all other areas of the site, please inform them immediately of any accidents.